

— WELLNESS —  
**VILA ROVA**



Wellness spa menu

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# Rova massage treatments

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## ROVA RELAX

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This massage uses natural warm oils and treats the entire body to relax your senses and eliminate stress. The movements are slow and gentle to achieve deep physical and mental relaxation. Relax massage reduces stress, stimulates the blood circulation and revitalizes the skin.

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## ROVA SPORT

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A massage technique that is commonly used before or after sports activities. The purpose of this massage is to prepare you for sports activities and reduce the possibility of injury or to help to drain away fatigue, reduce muscle tension and improve flexibility after sports activities.

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## ROVA MEDICAL – DEEP TISSUE MASSAGE

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It is a massage that stimulates certain areas that correspond to every part of the body. Evokes the power of regeneration and reduces the effects of stress. This massage promotes mental and physical health. It relaxes the muscles, stimulates metabolism, and reduces the pain in the neck and back. Cellulite is nothing new, but ROVA deep tissue is ROVA's way to fight for a better look and satisfaction. During the treatment, more attention is paid to the aching parts of the body and concrete issues.

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## ROVA LYMPHATIC DRAINAGE FOR THE LEGS

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This very gentle body massage uses specific slow movements to encourage lymphatic drainage, helping to remove built up toxins and excess fluid from the body, thus helping to ease the discomfort when your feet and ankles are feeling swollen.

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## ROVA FOOT MASSAGE

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Proper foot massage has a beneficial effect on the whole body. Enjoy a truly relaxing experience that will awaken all your senses.

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## ROVA PARTIAL MASSAGE

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Partial body massage - back, chest or legs, depending on the wishes of the client, individually tailored to fit their specific needs during 30-minute treatment.

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## ROVA ANTI-CELLULITE MASSAGE

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A massage treatment that is part of the anti-cellulite body program. Only one such treatment will not be sufficient to achieve the desired results. Our Spa therapists will adapt to your needs and do what is best for you to regain or just retain the youthful figure.

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## ROVA HOLISTIC MASSAGE

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The combination of massage techniques based on a holistic principle is individually tailored to provide you with maximum enjoyment and relaxation. A special ambience, music and expertise of our massage therapists will guarantee you an unforgettable experience. This is our strong recommendation!

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## ROVA LOMI LOMI

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It is a harmonic massage with warm oils where the massage therapist uses forearms and elbows and applies soft, deep and progressive strokes to create positive effects that lead to a complete relaxation.

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## ROVA HOT STONE MASSAGE – VOLCANIC STONE MASSAGE

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This is a unique massage technique, created by the combination of ancient tradition and modern technology. It is a therapeutic treatment that combines hot and cold volcanic stones to restore harmony and balance of the body.



# Rova body treatments

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## ROVASPA BASIC CARE – BODY SCRUB

Basic body skin care recommend as an introduction to other treatments and before going to the sauna. It includes skin cleansing which allows for deeper product penetration and a greater impact on the skin.

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## ROVASPA GLAMOUR (anti-aging)

Pamper your body and soul with pure luxury. This incredibly glamorous and sophisticated treatment hydrates, rejuvenates and provides a beautiful glow. Sophisticated techniques and specific strokes - every detail has been carefully selected to make this treatment synonymous with beauty, luxury and perfection.

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## LIGHT LEGS TREATMENT

This treatment is a must if your feet are swollen and legs feel stiff and heavy, and you experience stiffness in the lower back. The application of special preparations, lymphatic drainage of legs and feet, and a 'Haubold technique' in the back region, will ensure a lighter step, visibly reduce swelling, improve skin tone and bring relief to your back problem.

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## ANTI-CELLULITE TREATMENT

This treatment, in combination with massage treatments and personal training sessions, provides exceptional results in our individually customized programs for weight reduction. The treatment is very effective because it nurtures and nourishes the entire body surface. For the best results we recommend a course of 5 to 10 treatments.

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## DETOX TREATMENT

Immerse yourself in the ocean of pleasure through this treatment that will free your body of harmful toxins and tensions of everyday life and revitalize it with vitamins and minerals from the sea. The treatment begins with a body scrub with aromatic sea salts. It is an extremely good preparation for other treatments and the essential part of the anti-cellulite program.



# Rova facial treatments

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## ROVAAqua

ROVAAqua treatments are soothing, refreshing and provide immediate visible results. Hydration is the foundation of a healthy, radiant skin. Treatments are designed for all skin types. Even the most sensitive skin easily tolerates ROVAAqua treatments. Your beautician will select certain serums and/or adjust the treatment to the unique conditions and needs of your skin. ROVAAqua treatment provides immediate visible results – the skin has radiant colour, silky texture and feels refreshed. For permanent results, we recommend a series of 5 to 6 specialized treatments. ROVAAqua treatments include exfoliation, mask, lymphatic drainage, facial massage, scalp massage for relaxation and palm massage.

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## ROVApurity

It is a complete and effective response to the problems of impure skin for all age groups. The results of treatment are visible immediately after the treatment. The skin has a healthy glow and a lovely uniform texture. ROVApurity professional treatments include exfoliation, vapozone treatment (if necessary), digito-pressure massage, lymphatic drainage, facial massage and scalp massage for relaxation.

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## ROVALift & shine

ROVALift & shine is a premium face lifting treatment with immediate results, visible after just 1 treatment. The use of the exclusive face-lifting technology and highly concentrated preparations for facial skin care provide an immediate lifting effect on the skin. The effects of aging will be reversed leaving you with a youthful and radiant complexion. ROVALift & shine exclusive treatments include exfoliation, lifting rejuvenation mask, digito-pressure, lymphatic drainage, ROVALift facial massage, scalp massage for relaxation and palm massage.

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## ROVAmen

Energy facial treatment recommended for men of all ages and all skin types, who want to look nice, nurtured and feel good. It revitalizes, strengthens, softens and refreshes the skin and has a strong anti-aging effect. ROVAmen treatment includes exfoliation, mask, digito-pressure, lymphatic drainage, ROVALift facial and shoulder massage and scalp massage to increase relaxation and blood circulation.

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## Facial treatment extra

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### EXTENDED FACIAL MASSAGE

To prolong the enjoyment of your facial, include extra 10-minute massage that will further stimulate the circulation and thus promoting the better absorption of valuable substances from cosmetic products.



# Rova beauty treatments

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## ROVA MANICURE

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Classic manicure is the main method of hand care and protection. It includes hand bath, cuticle work, and a hand massage, concluding with a nail treatment and an application of the polish of your choice. After a manicure, hands are relaxed and silky smooth and nails are beautiful and decorated.

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## PAINTING NAILS

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In addition to the application of the polish of your choice, this treatment includes a basic nail treatment.

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## HAIR REMOVAL

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# Rova spa ritual

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## PRIVATE SPA

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Explore the limits of imagination in our Rova Spa ritual – enjoy a massage treatment, private hot tub and sauna (aroma steam bath, Finnish and Mediterranean sauna and Kneipp baths), refreshing fruit cocktail and the Spa snack.

# CooLifting

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The CooLifting treatment creates an immediate skin lifting effect, removing surface wrinkles and reducing deep wrinkles, followed by a long-term rejuvenating result.

# Rova outdoor spa zone



## Outdoor spa

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OUTDOOR SWIMMING POOL

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RELAX ZONE

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OUTDOOR HYDROTHERAPY BATHS –  
PROFESSIONAL JACUZZI

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It is the combination of massage therapy, relaxation and enjoyment. This type of baths is known for their beneficial effect, particularly the warm water and massaging features of a hot tub.

## Rova fitness zone

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FINNLO PROFESIONAL ELLIPTICAL TRAINER

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FINNLO PROFESIONALNI BICYCLE

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WALL BARS

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# WELLNESS VILA ROVA

Cjenik usluga • Preisliste • Prezzi • Price List

1 € = 7,53450 kn

## Rova masaže • Rova Massagen • I massaggi Rova • Rova massage treatments

Rova relax	60'	440,00 kn	58,40 €
	90'	520,00 kn	69,02 €
Rova sport	60'	520,00 kn	69,02 €
	90'	600,00 kn	79,63 €
Rova medicinska – deep tissue • Rova medizinische Massage – Deep Tissue • Rova medico – deep tissue • Rova medical – deep tissue massage	60'	520,00 kn	69,02 €
	90'	600,00 kn	79,63 €
Rova limfna drenaža za noge • Rova Lymphdrainage für die Beine • Rova drenaggio linfatico per le gambe • Rova lymphatic drainage for the legs	40'	320,00 kn	42,47 €
Rova masaža stopala • Rova Fussmassage • Rova massaggio plantare • Rova foot massage	20'	180,00 kn	23,89 €
Rova parcijalna masaža • Rova Teilmassage • Rova massaggio parziale • Rova partial massage	30'	250,00 kn	33,18 €
Rova holistička masaža • Rova holistische Massage • Rova massaggio olistico • Rova holistic massage	60'	520,00 kn	69,02 €
	90'	600,00 kn	79,63 €
Rova Lomi Lomi	60'	510,00 kn	67,69 €
	90'	590,00 kn	78,31 €
Rova hot stone masaža – masaža vulkanskim kamenjem Rova Hot Stone Massage – Massage mit Vulkangestein Rova massaggio hot stone – massaggio con la pietra vulcanica Rova hot stone massage – volcanic stone massage	90'	620,00 kn	82,29 €

## Rova tretmani tijela • Rova Körperbehandlungen Trattamenti per il corpo Rova • Rova body treatments

Rovaspa basic care – piling tijela • Körperpeeling • peeling del corpo • body scrub	20'	170,00 kn	22,56 €
Detox tretman • Detox Behandlung • Trattamento detox • Detox treatment	60'	360,00 kn	47,78 €
Light legs tretman • Light Legs Behandlung • Trattamento light legs • Light legs treatment	60'	360,00 kn	47,78 €
Anti-celulitni tretman • Anti-Cellulite-Behandlung • Trattamento anticellulite • Anti-cellulite treatment	60'	360,00 kn	47,78 €



## Rova tretmani lica • Rova Gesichtsbehandlungen Trattamenti per il viso Rova • Rova facial treatments

CooLifting	60'	730,00 kn	96,89 €
ROVAaqua	60'	380,00 kn	50,43 €
ROVALift & shine	60'	520,00 kn	69,02 €
ROVAmen	60'	360,00 kn	47,78 €
Masaža lica • Gesichtsmassage • Massaggio del viso • Facial massage	20'	150,00 kn	19,91 €
Bojanje obrva ili trepavica • Augenbrauen- und Wimperfärben • Colorazione della ciglia e sopracciglia • Lash and Brow tinting	30'	60,00 kn	7,96 €
Korekcija obrva • Augenbrauenkorrektur • Correzione di sopracciglia • Eyebrow correction	30'	60,00 kn	7,96 €

## Rova beauty tretmani • Rova Beauty Behandlungen Trattamenti di bellezza Rova • Rova beauty treatments

Rova manikura • Rova Maniküre • Manicure Rova • Rova manicure	60'	230,00 kn	30,53 €
Rova manikura + trajni lak • Rova Maniküre + Permanent Nägel Lackierung • Manicure Rova + Smalto permanente alle unghie • Rova manicure + Permanent nail polish	80'	300,00 kn	39,82 €
Njega stopala • Fußpflege • Cura dei piedi • Foot care	60'	230,00 kn	30,53 €
Njega stopala + trajni lak • Fußpflege + Permanent Nägel Lackierung • Cura dei piedi + Smalto permanente alle unghie • Foot care + Permanent nail polish	90'	300,00 kn	39,82 €

## Rova depilacije • Rova Enthaarung • Depilazione Rova • Rova hair removal

Pola noge • Beine bis Knie • Mezza gamba • Half legs – to the knee	25'	140,00 kn	18,58 €
Cijele noge • Beine ganz • Gamba intera • Full legs	45'	230,00 kn	30,53 €
Prsa ili leđa • Brust oder Rücken • Petto o schiena • Chest or back	25'	150,00 kn	19,91 €
Ruke • Arme • Braccia • Arms	25'	110,00 kn	14,60 €
Pazuh • Achseln • Ascella • Armpit	15'	70,00 kn	9,29 €
Bikini • Bikinizone • Inguine (zona bikini) • Bikini line	25'	90,00 kn	11,95 €
Depilacija lica • Gesichtshaarentfernung • Depilazione viso • Facial hair removal	15'	60,00 kn	7,96 €
Brazilska depilacija • Brasilianische Haarentfernung (Brasilianisches Wachsen) • Ceretta brasiliana • Brazilian wax	30'	120,00 kn	15,93 €
Cijele noge i bikini • Ganze Beine und Bikinizone • Gambe intere e bikini • Full leg and bikini	60'	280,00 kn	37,16 €

## Rova spa ritual

Privatni spa (2 – 4 osobe, masaža 30' po osobi, pjenušac, cijena po osobi)			
Privates Spa (2 – 4 Personen, Massage 30' pro Person, Schaumwein, Preis pro Person)	150'	750,00 kn	99,54 €
Spa privato (2 – 4 persone, massaggio 30' a persona, sparkling wine, prezzo a persona)			
Private spa (2 – 4 persons, massage 30' per person, vino frizzante, price per person)			